



West Calcasieu Cameron Hospital  
Your Need, Our Commitment.

**CAFÉ MENU**  
**AUGUST 18 - 22, 2025**

**CAFÉ HOURS**



<b>BREAKFAST</b>	<b>Monday - Friday</b>	<b>6:30 AM - 9:30 AM</b>	<b>Saturday/Sunday</b>	<b>7 AM - 9:30 AM</b>
<b>LUNCH</b>	<b>Monday - Friday</b>	<b>11 AM - 1:30 PM</b>	<b>Saturday/Sunday</b>	<b>11 AM - 1 PM</b>

**MENU SUBJECT TO CHANGE**

**MONDAY:**

MEATLOAF & BROWN GRAVY; HOT HAM & CHEESE CROISSANT;  GREEK CHICKEN TACOS;  
SALAD BAR; FUNNEL FRIES; BAKED POTATO CASSEROLE; BUTTERED CORN;  
 TACO TOPPING; ROLL



**TUESDAY:**

SMOTHERED SHRIMP (IMPORTED), SAUSAGE & OKRA; PHILLY CHEESESTEAK EGGROLLS;  
 MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; CHICKEN CRACKLINS; RICE;  
GREEN PEAS;  OVEN ROASTED ZUCCHINI; GARLIC BREAD

**WEDNESDAY:**

CRISPITO CHICKEN CHEESE TORTILLAS TOPPED WITH QUESO SAUCE;  
PORK CUTLETS & WHITE GRAVY;  FISH FLORENTINE; SALAD BAR; MASHED POTATOES;  
WAFFLE FRIES; CARROT SOUFFLE;  ROASTED GREEN BEANS; ROLL

**THURSDAY:**

FRIED PORK CHOPS; CHICKEN ENCHILADA SOUP;  
 WORK WELL BEEF TIPS; SALAD BAR; RICE; FRIED OKRA; BLACKEYED PEAS;  
 STEAMED CAULIFLOWER; CORNBREAD

**FRIDAY:**

GRILLED HAMBURGERS;  WHITE CHICKEN CHILI; BURGER BAR; TUNA SALAD;  
FRENCH FRIES;  STEAMED BROCCOLI; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.