



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JUNE 9 - 13, 2025

CAFÉ HOURS


BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

MEATLOAF & BROWN GRAVY; HOT HAM & CHEESE CROISSANT;
 CHICKEN AVOCADO TOSTADA; SALAD BAR; MASHED POTATOES;
FRIED GREEN BEANS; BUTTERED CORN;
 STEAMED CAULIFLOWER; HONEY YEAST ROLL

TUESDAY:

BAKED CHICKEN; CORN DOGS;
 CHEESEBURGER SKILLET; SALAD BAR; SWEET POTATO CASSEROLE; ONION RINGS;
ROASTED ASPARAGUS;  OVEN ROASTED GREEN BEANS; ROLL

WEDNESDAY:

SEASONED PORK TENDERLOIN; PHILLY CHEESESTEAK EGG ROLL;
 CHICKEN FLORENTINE; SALAD BAR; ROASTED RED POTATOES; POTATO WEDGE FRIES;
CARROT SOUFFLE;  PARMESAN MUSHROOMS; ROLL

THURSDAY:

CHICKEN SPAGHETTI; BBQ BEEF SANDWICH;
 SWEET & SPICY PORK CHOP; SALAD BAR; ROASTED SWEET POTATOES; FRENCH FRIES;
SLICED CARROTS;  ZUCCHINI & TOMATO BAKE; GARLIC BREAD

FRIDAY:

TACO SALAD;  ALMOND CRUSTED COD;
TACO SALAD BAR; TUNA SALAD;
 STEAMED BROCCOLI; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.