



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JUNE 23 - 27, 2025

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

RED BEANS & SAUSAGE; COUNTRY FRIED STEAK & WHITE GRAVY;
 BAKED CHICKEN PARMESAN; SALAD BAR; RICE; MASHED POTATOES;
SEASONED SPINACH;  PORTOBELLO PIZZA; CORNBREAD

TUESDAY:

SMOTHERED FLAT IRON STEAKS & GRAVY; PORK & VEGETABLE EGG ROLLS;
 GREEK FETA TURKEY BURGER; SALAD BAR; RICE; EGGPLANT FRIES; CHUCKWAGON CORN;
 GRILLED ROMAINE; HONEY YEAST ROLL



WEDNESDAY:

CRAWFISH FETTUCINI; BOUDIN LINKS;
 CHICKEN FAJITA CASSEROLE; SALAD BAR; BABY BAKERS; FRENCH FRIES;
GREEN BEANS;  CILANTRO LIME CAULIFLOWER; GARLIC BREAD


THURSDAY:

SOUTHWESTERN CHICKEN; NATCHITOCHES MEAT PIES;
 FIRECRACKER SHRIMP (IMPORTED) & BROCCOLI; SALAD BAR; MACARONI & CHEESE;
FLAT CHIPS; SLICED CARROTS;  SAVORY ZUCCHINI STICKS; ROLL

FRIDAY:

CHICKEN TENDERS & WHITE GRAVY;  ALMOND CRUSTED COD;
SALAD BAR; TUNA SALAD; MASHED POTATOES
 CAPRESE BAKED AVOCADO; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.