



West Calcasieu Cameron Hospital  
*Your Need, Our Commitment.*

**CAFÉ MENU**  
**JUNE 2 - 6, 2025**

**CAFÉ HOURS**

<b>BREAKFAST</b>	<b>Monday - Friday</b>	<b>6:30 AM - 9:30 AM</b>	<b>Saturday/Sunday</b>	<b>7 AM - 9:30 AM</b>
<b>LUNCH</b>	<b>Monday - Friday</b>	<b>11 AM - 1:30 PM</b>	<b>Saturday/Sunday</b>	<b>11 AM - 1 PM</b>

**MENU SUBJECT TO CHANGE**

**MONDAY:**

BEEF ENCHILADAS; PORK & VEGETABLE EGG ROLLS;  GREEK CHICKEN TACOS;  
SALAD BAR; ROASTED SWEET POTATOES; JALAPENO POPPERS; BUTTERED CORN;  
 TACO TOPPING; ROLL



**TUESDAY:**

CHICKEN TENDERS & WHITE GRAVY; LEMON PEPPER TILAPIA;  
 EGG ROLL IN A BOWL; SALAD BAR; MASHED POTATOES; FRENCH FRIES;  
SEASONED SPINACH;  ASIAN ZUCCHINI; ROLL



**WEDNESDAY:**

PORK & SAUSAGE JAMBALAYA; COUNTRY FRIED STEAK & WHITE GRAVY;  
 CHICKEN FAJITA CASSEROLE; SALAD BAR; MASHED POTATOES;  
CHUCKWAGON CORN;  CILANTRO LIME CAULIFLOWER; CORNBREAD

**THURSDAY:**

FRIED CATFISH; MEATBALL SUB WITH MARINARA & MOZZARELLA;  
 BBQ PORK TENDERLOIN; SALAD BAR; HUSHPUPPIES; POTATO SALAD;  
SEASONED GREEN BEANS;  WORK WELL MUSHROOMS; GARLIC BREAD

**FRIDAY:**

SHRIMP ENCHILADAS;  SKINNY SALISBURY STEAK WITH MUSHROOM GRAVY;  
SALAD BAR; TUNA SALAD; FRIED CHEESE;  
 STEAMED GREEN BEANS; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.