



West Calcasieu Cameron Hospital  
Your Need, Our Commitment.

**CAFÉ MENU**  
**MAY 5 - 9, 2025**

**CAFÉ HOURS**

<b>BREAKFAST</b>	<b>Monday - Friday</b>	<b>6:30 AM - 9:30 AM</b>	<b>Saturday/Sunday</b>	<b>7 AM - 9:30 AM</b>
<b>LUNCH</b>	<b>Monday - Friday</b>	<b>11 AM - 1:30 PM</b>	<b>Saturday/Sunday</b>	<b>11 AM - 1 PM</b>

**MENU SUBJECT TO CHANGE**

**MONDAY:**

BROASTED CHICKEN; NACHOS/CHILI/CHEESE;

 ASIAN PORK TENDERLOIN; SALAD BAR; BAKED POTATO CASSEROLE; FRIED GREEN BEANS;  
CARROT SOUFFLE;  ROASTED ZUCCHINI; HONEY YEAST ROLL

**TUESDAY:**

TAMALES WITH CHILI & CHEESE; PULLED PORK SANDWICH;

 LEMON GARLIC SHRIMP (IMPORTED); SALAD BAR; ROASTED POTATOES; JALAPENO POPPERS;  
SEASONED GREEN BEANS;  STEAMED BROCCOLI; ROLL



**WEDNESDAY:**

CHICKEN SPAGHETTI; COUNTRY FRIED STEAK & WHITE GRAVY;

 PORK CARNITAS; SALAD BAR; HOLLY BEACH POTATOES; FRIES; BUTTERED CORN;  
 TACO TOPPING; GARLIC BREAD

**THURSDAY:**

FRIED PORK CHOPS; ENCHILADA SOUP;

 BLACKENED CHICKEN BREAST; SALAD BAR; RICE; BLACK EYED PEAS;  
SEASONED MUSTARD GREENS;  PORTOBELLO MUSHROOM PIZZA; CORNBREAD

**FRIDAY:**

CHILI DOGS;  CHICKEN FAJITA CASSEROLE;  
BURGER BAR; TUNA SALAD; TATER TOTS;

 GREEN BEANS & MUSHROOMS; ROLL



Work Well to Live Well  


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.