



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
APRIL 28 – MAY 2, 2025

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

MEATLOAF & BROWN GRAVY; PORK CUTLET & WHITE GRAVY;
 TERIYAKI SHRIMP (IMPORTED) & GREEN BEANS; SALAD BAR; FRIED CHEESE STICKS;
MASHED POTATOES; BUTTERED CORN;  ZESTY BROCCOLI; ROLL



TUESDAY:

CAJUN BAKED CHICKEN; BOUDIN BALLS;
 SKINNY SALISBURY STEAK & MUSHROOMS; SALAD BAR; ONION RINGS;
MACARONI & CHEESE; SLICED CARROTS;  ZUCCHINI & TOMATO BAKE; ROLL

WEDNESDAY:

SEASONED PORK TENDERLOIN; FRIED SHRIMP (IMPORTED);
 TURKEY BOLOGNESE OVER CAULIFLOWER RICE; SALAD BAR; FRENCH FRIES;
BAKED POTATO CASSEROLE; FIELD PEAS;  GARLIC PARMESAN GREEN BEANS;
HONEY YEAST ROLL

THURSDAY:

STUFFED BELL PEPPER; HAM & CHEESE WRAP WITH LETTUCE & TOMATO;
 KUNG PAO CHICKEN; SALAD BAR; FLAT CHIPS; ROASTED RED POTATOES;
SEASONED SPINACH;  OVEN ROASTED CAULIFLOWER; GARLIC BREAD

FRIDAY:

GRILLED HAMBURGERS;  POTATO CRUSTED COD;
BURGER BAR; TUNA SALAD; CRINKLE CUT FRIES;
 ROASTED ASPARAGUS; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.