



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JULY 14 - 18, 2025

CAFÉ HOURS


BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

CHICKEN POT PIE; LOADED POTATO SOUP;
 GREEK FETA TURKEY BURGER; SALAD BAR; BABY BAKERS; FRIED OKRA;
ROASTED ASPARAGUS;  OVEN ROASTED TOMATOES; GARLIC BREAD

TUESDAY:

SMOTHERED BEEF TIPS & GRAVY; CHICKEN SALAD CROISSANT;
 PORK CARNITAS; SALAD BAR; RICE; FLAT CHIPS;
GREEN BEAN CASSEROLE;  TACO TOPPING; ROLL

WEDNESDAY:

RED BEANS & SAUSAGE; FRIED CATFISH;
 GREEK CHICKEN; SALAD BAR; RICE; POTATO SALAD; HUSHPUPPIES;
SLICED CARROTS;  CAPRESE BAKED AVOCADO; CORNBREAD

THURSDAY:

JOHN WAYNE CASSEROLE; PERSONAL PIZZAS;
 PORK TENDERLOIN WITH MUSHROOM SAUCE; SALAD BAR; ROASTED RED POTATOES;
BROCCOLI BITES; BUTTERED CORN;  GARLIC PARMESAN GREEN BEANS; ROLL

FRIDAY:

GRILLED BURGERS;  ONE PAN SUMMER VEGGIE CHICKEN BAKE; BURGER BAR;
TUNA SALAD; FRENCH FRIES; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.