



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
SEPTEMBER 21 - 25, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

TAMALES WITH CHILI & CHEESE; LOADED POTATO SOUP;
 HONEY SRIRACHA CHICKEN THIGHS; SALAD BAR; FRIED GREEN BEANS;
BUTTERED CORN;  ASIAN ZUCCHINI; ROLL

TUESDAY:

CHICKEN & SAUSAGE GUMBO; PERSONAL PIZZAS;
 MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; POTATO SALAD; RICE;
BATTERED MUSHROOMS; GREEN BEAN CASSEROLE;
 ROASTED CARROTS; HONEY YEAST ROLL

WEDNESDAY:

RED BEANS & SAUSAGE; STEAK FINGERS & WHITE GRAVY;
 CHICKEN CARNITAS; SALAD BAR; RICE; MASHED POTATOES;
SEASONED MUSTARD GREENS;  TACO TOPPING; CORNBREAD

THURSDAY:

BAKED CHICKEN; CRAWFISH PIES;
 PHILLY CHEESESTEAK CASSEROLE; SALAD BAR; FRIED OKRA;
MACARONI & CHEESE; GLAZED CARROTS  ROASTED BROCCOLI; GARLIC BREAD

FRIDAY:

FRIED CATFISH;  VEGGIE TURKEY CHILI; SALAD BAR; TUNA SALAD; POTATO SALAD;
HUSHPUPPIES;  STEAMED CAULIFLOWER; CORNBREAD



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.