



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
AUGUST 31 – SEPTEMBER 4, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

HOMEMADE CHILI & BEANS; FRIED CHICKEN WINGS;

 LEMON PEPPER TILAPIA; SALAD BAR;

FRIES; MACARONI & CHEESE; BUTTERED CORN;

 GREEN BEANS & MUSHROOMS; CORNBREAD

TUESDAY:

STUFFED BELL PEPPERS; PULLED PORK SANDWICH;  CHICKEN AVOCADO TOSTADO;
SALAD BAR; FRIED PICKLES; BABY BAKERS; GREEN BEAN CASSEROLE;

 SLICED CARROTS; GARLIC BREAD

WEDNESDAY:

JOHN WAYNE CASSEROLE; CHICKEN & DUMPLING SOUP;

 BBQ PORK TENDERLOIN; SALAD BAR; FRIED OKRA; ROASTED SWEET POTATOES;

CHEESY VEGETABLE BLEND;  ROASTED ASPARAGUS; ROLL

THURSDAY:

GRILLED CHICKEN BREAST WITH ONIONS & PEPPERS; BOUDIN BALLS;

 WORK WELL BEEF TIPS; SALAD BAR; WEDGE FRIES; HOLLY BEACH POTATOES; RICE;

SEASONED SPINACH;  STEAMED CAULIFLOWER; ROLL

FRIDAY:

CRISPITO CHICKEN CHEESE TORTILLAS WITH QUESO SAUCE;

 FIRECRACKER SHRIMP & BROCCOLI; SALAD BAR; TUNA SALAD;

JALAPENO POPPERS;  ASIAN ZUCCHINI; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.