



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
AUGUST 17 - 21, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

PORK & SAUSAGE JAMBALAYA; COUNTRY FRIED STEAK & WHITE GRAVY;



ALMOND CRUSTED COD; SALAD BAR;

BROCCOLI BITES; MASHED POTATOES; SEASONED FIELD PEAS;



ROASTED ASPARAGUS; ROLL

TUESDAY:

SMOTHERED LIVER & ONIONS; BEEF LASAGNA;  VEGGIE CHICKEN BAKE; SALAD BAR;

CORN NUGGETS; RICE; CARROT SOUFFLE;



OVEN ROASTED GREEN BEANS; GARLIC BREAD

WEDNESDAY:

CHICKEN SPAGHETTI; CORN DOGS;



GRILLED ASIAN PORK TENDERLOIN; SALAD BAR; ONION RINGS;

ROASTED RED POTATOES; BUTTERED CORN;  SPICY ASIAN ZUCCHINI; GARLIC BREAD

THURSDAY:

BEEF ENCHILADAS; FRIED CHICKEN SANDWICH;



TURKEY SAUSAGE SPINACH SOUP; SALAD BAR; FRIES; BABY BAKERS;

CORN CASSEROLE;  STEAMED CAULIFLOWER; ROLL

FRIDAY:

FRIED PORK CHOPS;  SHRIMP (IMPORTED) & GRITS; SALAD BAR; TUNA SALAD;

RICE; SEASONED BLACK EYED PEAS;  ROASTED BROCCOLI; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.