



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
AUGUST 10 – 14, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

ITALIAN CHICKEN WITH FRESH TOMATOES & MUSHROOMS; CRAWFISH PIES;
 PHILLY CHESSESTEAK CASSEROLE; SALAD BAR;
FRIED GREEN BEANS; ROASTED RED POTATOES; GLAZED CARROTS;
 CAULIFLOWER NACHOS; GARLIC BREAD

TUESDAY:

BAKED CHICKEN; BOUDIN & CHEESE EGG ROLLS;
 PORK CARNITAS; SALAD BAR; SWEET POTATO FRIES; MACARONI & CHEESE;
GREEN BEAN CASSEROLE;  TACO TOPPING; ROLL

WEDNESDAY:

FRIED CATFISH; LOADED POTATO SOUP;
 CHICKEN FAJITA CASSEROLE; SALAD BAR; HUSHPUPPIES; POTATO SALAD;
SEASONED SPINACH;  ROASTED GREEN BEANS; ROLL

THURSDAY:

MEDITERRANEAN PORK TENDERLOIN; FRIED CHICKEN WINGS;  GREEK FETA TURKEY BURGER;
SALAD BAR; TATOR TOTS; BABY BAKERS; BUTTERED CORN;
 ROASTED ZUCCHINI; CORNBREAD

FRIDAY:

CHICKEN TENDERS & WHITE GRAVY;  LEMON PEPPER TILAPIA; SALAD BAR; TUNA SALAD;
FRIES; MASHED POTATOES;  ZESTY BROCCOLI; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.