



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JULY 6 - 10, 2026

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

MEATLOAF & BROWN GRAVY; CORN DOGS;
 VEGGIE CHICKEN BAKE; SALAD BAR; BATTERED MUSHROOMS;
MASHED POTATOES; BUTTERED CORN;  STEAMED CARROTS; ROLL



TUESDAY:

SMOTHERED SHRIMP (IMPORTED), SAUSAGE & OKRA; FRIED CHICKEN SANDWICH;
 SKINNY SALISBURY STEAK WITH MUSHROOM GRAVY; SALAD BAR; WEDGE FRIES;
GREEN BEAN CASSEROLE;  LIGHTLY STEAMED ZUCCHINI; GARLIC BREAD

WEDNESDAY:

CABBAGE ROLLS; CHICKEN TENDERS & WHITE GRAVY;
 BBQ PORK TENDERLOIN; SALAD BAR; FRIES; MASHED POTATOES;
CARROT SOUFFLE;  OVEN ROASTED GREEN BEANS; ROLL


THURSDAY:

CHICKEN SPAGHETTI; LOADED POTATO SOUP;  PORK CARNITAS;
SALAD BAR; JALAPENO POPPERS; BABY BAKERS; SEASONED SPINACH;
 TACO TOPPING; GARLIC BREAD

FRIDAY:

GRILLED CHEESE ON TEXAS TOAST;  PARMESAN SHRIMP (IMPORTED) & BROCCOLI;
SALAD BAR; TUNA SALAD; CRINKLE FRIES;  CHEESE & PEPPER BRUSSELS SPROUTS; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.