



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
JULY 20 - 24, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

SPAGHETTI & MEATSAUCE; PORK CUTLET & WHITE GRAVY;
 GREEK CHICKEN TACO; SALAD BAR; FRIED GREEN BEANS;
MASHED POTATOES; BUTTERED CORN;  TACO TOPPING; GARLIC BREAD

TUESDAY:

HUNGARIAN PORK CHOPS; BBQ BEEF SANDWICH;  GRILLED SRIRACHA BBQ CHICKEN THIGHS;
SALAD BAR; FRIES; RICE; CHEESY VEGETABLE BLEND;  ROASTED GREEN BEANS; ROLL

WEDNESDAY:

RED BEANS & SAUSAGE; STEAK FINGERS & WHITE GRAVY;
 TORTILLA CRUSTED TILAPIA; SALAD BAR; RICE; MASHED POTATOES;
SEASONED SPINACH;  CAULIFLOWER NACHOS; CORNBREAD

THURSDAY:

CHOPPED STEAK WITH GRAVY & ONIONS; CHICKEN ENCHILADA SOUP;
 MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; FRIED MUSHROOMS; GLAZED CARROTS;
 STEAMED ZUCCHINI; HONEY YEAST ROLL

FRIDAY:

FRIED CATFISH;  WHITE CHICKEN CHILI; SALAD BAR; TUNA SALAD; POTATO SALAD;
HUSHPUPIES;  STEAMED CAULIFLOWER; GARLIC BREAD



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.