



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JUNE 15 - 19, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

GRILLED HAMBURGER STEAK WITH ONIONS & GRAVY; PERSONAL PIZZAS;
 CREAMY BUFFALO CHICKEN CASSEROLE; SALAD BAR;
BATTERED MUSHROOMS; LOADED MASHED POTATOES; GREEN BEAN CASSEROLE;
 CHEESE PEPPER BRUSSELS SPROUTS; HONEY YEAST ROLL



TUESDAY:

SMOTHERED BEEF TIPS & GRAVY; PORK & VEGETABLE EGG ROLLS;
 BBQ PORK TENDERLOIN; SALAD BAR; ONION RINGS; RICE;
SEASONED FIELD PEAS;  STEAMED BROCCOLI; ROLL


WEDNESDAY:

STUFFED BELL PEPPERS; CHICKEN TENDERS & WHITE GRAVY;
 LEMON PEPPER TILAPIA; SALAD BAR; FRIES;
MASHED POTATOES; BUTTERED CORN;  ROASTED ZUCCHINI; CORNBREAD

THURSDAY:

BBQ RIBS; MEAT PIES;  WORK WELL SWEET & SOUR CHICKEN;
SALAD BAR; FRIED OKRA; MACARONI & CHEESE;
BAKED BEANS;  OVEN ROASTED GREEN BEANS; GARLIC BREAD

FRIDAY:

GRILLED CHEESE SANDWICH; TOMATO SOUP;  HONEY SRIRACHA CHICKEN THIGHS;
SALAD BAR; TUNA SALAD; ROASTED RED POTATOES; FRIES;  SLICED CARROTS; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.