



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
JUNE 1 - 5, 2026

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

CHICKEN & CHEESE CRISPITO WITH QUESO SAUCE; HAM & CHEESE CROISSANT;
MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; CRINKLE CUT FRIES;
ROASTED RED POTATOES; SLICED CARROTS; GARLIC PARMESAN GREEN BEANS; ROLL

TUESDAY:

SMOTHERED LIVER & ONIONS; BEEF LASAGNA;
GREEK CHICKEN TACO; SALAD BAR; JALAPENO POPPERS; RICE; BUTTERED CORN;
TACO TOPPING; GARLIC BREAD

WEDNESDAY:

CHICKEN CORDON BLEU; PORK CUTLETS & WHITE GRAVY;
SKINNY SALISBURY STEAK; SALAD BAR; MASHED POTATOES; WEDGE FRIES;
CHEESY VEGETABLE BLEND; GRILLED ZUCCHINI; ROLL


THURSDAY:

BEEF ENCHILADAS; HOT LINK POBOY;
FISH FLORENTINE; SALAD BAR; BABY BAKERS; FRIES;
SEASONED BLACK BEANS; ROASTED BROCCOLI; ROLL

FRIDAY:

BROASTED CHICKEN; SHRIMP (IMPORTED) & GRITS; SALAD BAR; TUNA SALAD;
MACARONI & CHEESE; FRIED OKRA; STEAMED CARROTS; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.