



West Calcasieu Cameron Hospital  
Your Need, Our Commitment.

**CAFÉ MENU**  
**APRIL 27 – MAY 1, 2026**

**CAFÉ HOURS**



<b>BREAKFAST</b>	<b>Monday - Friday</b>	<b>6:30 AM - 9:30 AM</b>	<b>Saturday/Sunday</b>	<b>7 AM - 9:30 AM</b>
<b>LUNCH</b>	<b>Monday - Friday</b>	<b>11 AM - 1:30 PM</b>	<b>Saturday/Sunday</b>	<b>11 AM - 1 PM</b>

**MENU SUBJECT TO CHANGE**



**MONDAY:**

MEATLOAF & GRAVY; CORN DOGS;  
 KUNG PAO CHICKEN; SALAD BAR; FRIED GREEN BEANS; MASHED POTATOES;  
CHUCKWAGON CORN;  SPICY ASIAN ZUCCHINI; ROLL



**TUESDAY:**

SMOTHERED FLAT IRON STEAK & GRAVY; CHICKEN ENCHILADA SOUP;  
 BBQ PORK TENDERLOIN; SALAD BAR; RICE; MACARONI & CHEESE;  
SEASONED BLACK EYED PEAS;  GREEN BEANS & MUSHROOMS; CORNBREAD

**WEDNESDAY:**

CHICKEN CORDON BLEU; MEATBALL SUB WITH MARINARA & MOZZARELLA;  
 FISH FLORENTINE; SALAD BAR; FRIES; ROASTED RED POTATOES;  
CARROTS;  ROASTED BRUSSELS SPROUTS; ROLL

**THURSDAY:**

JOHN WAYNE CASSEROLE; CHICKEN & DUMPLING SOUP;  
 PORK CARNITAS; SALAD BAR; FRIED CHEESE STICKS; BABY BAKERS;  
SQUASH CASSEROLE;  TACO TOPPING; GARLIC BREAD

**FRIDAY:**

CHICKEN TENDERS & WHITE GRAVY;  EGG ROLL IN A BOWL; SALAD BAR; TUNA SALAD;  
FRIES; MASHED POTATOES;  STEAMED CARROTS; ROLL



Work Well to Live Well  


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.