



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
MARCH 30 – APRIL 3, 2026

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

STUFFED BELL PEPEPRS; COUNTRY FRIED STEAK & WHITE GRAVY;
 BBQ PORK TENDERLOIN; SALAD BAR; BAKED POTATO CASSEROLE; POTATO WEDGE FRIES;
CHEESEY VEGETABLE BLEND;  MINI PORTOBELLO MUSHROOMS; GARLIC BREAD



TUESDAY:

FRIED PORK CHOPS; PERSONAL PIZZA;
 VEGGIE TURKEY CHILI; SALAD BAR; FRIED OKRA; RICE;
BLACK EYED PEAS;  OVEN ROASTED GREEN BEANS; CORNBREAD

WEDNESDAY:

TAMALES WITH CHILI & CHEESE; CRAB BURGER;
 SKINNY SALISBURY STEAK WITH MUSHROOMS & GRAVY; SALAD BAR; TUNA SALAD;
ONION RINGS; SQUASH CASSEROLE;
 ROASTED CAULIFLOWER; ROLL

THURSDAY:

ITALIAN CHICKEN WITH FRESH MUSHROOMS & TOMATOES; BBQ BEEF BURGER;
 PORK CARNITAS; SALAD BAR; FRIES; ROASTED SWEET POTATOES; SPINACH;
 TACO TOPPING; GARLIC BREAD

GOOD FRIDAY (WEEKEND HOURS)

SEAFOOD CASSEROLE; CHEF SALADS; TUNA SALAD; COOK’S CHOICE VEGETABLES; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.