



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
MARCH 16 - 20, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

CHICKEN SPAGHETTI; BBQ BEEF SANDWICH;
 MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; ROASTED SWEET POTATOES;
FRIED PICKLES; SLICED CARROTS;  ROASTED BRUSSELS SPROUTS; GARLIC BREAD

TUESDAY:

RED BEANS & SAUSAGE; PERSONAL PIZZA;
 PHILLY CHEESESTEAK CASSEROLE; SALAD BAR; RICE; CHEESESTICKS;
SEASONED SPINACH;  ZUCCHINI & TOMATO BAKE; CORNBREAD

WEDNESDAY:

CHICKEN ENCHILADAS; CORN DOGS;
 PORK CARNITAS; SALAD BAR; TUNA SALAD;
BABY BAKERS; FRIES; SEASONED GREEN BEANS;  TACO TOPPING; ROLL

THURSDAY:

HAMBURGER STEAK WITH ONIONS & GRAVY; BOUDIN LINKS;
 BBQ CHICKEN BUTTERNUT SQUASH; SALAD BAR; BAKED POTATO CASSEROLE;
FRIED GREEN BEANS; CHUCKWAGON CORN;  OVEN ROASTED BROCCOLI;
HONEY YEAST ROLL

FRIDAY:

BLT; FISH SANDWICH;  SHRIMP (IMPORTED) & GRITS; SALAD BAR; TUNA SALAD;
FRIES;  ROASTED ASPARAGUS; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.