



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
FEBRUARY 23 - 27, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

HOMEMADE BEEF & VEGETABLE SOUP; HOT HAM & CHEESE CROISSANT;
 GREEK FETA TURKEY BURGER; SALAD BAR; BAGS OF CHIPS;
BROCCOLI CHEDDAR RICE;  OVEN ROASTED GREEN BEANS; CORNBREAD

TUESDAY:

SMOTHERED FLAT IRON STEAKS & GRAVY; CHICKEN & DUMPLING SOUP;
 PORK CARNITAS; SALAD BAR; RICE; BUTTERED CORN; CARROT SOUFFLE;
 TACO TOPPING; HONEY YEAST ROLL

WEDNESDAY:

STUFFED BELL PEPPERS; LOADED POTATO SOUP;
 FISH FLORENTINE; SALAD BAR; TUNA SALAD; SWEET POTATO CASSEROLE; BABY BAKERS;
SLICED CARROTS;  STEAMED BROCCOLI; GARLIC BREAD

THURSDAY:

BBQ BAKED CHICKEN; CRAB CAKE;  MEDITERRANEAN PORK TENDERLOIN;
SALAD BAR; MACARONI & CHEESE; BAKED BEANS; SEASONED GREEN BEANS;
 CHEESE & PEPPER BRUSSELS SPROUTS; GARLIC BREAD

FRIDAY:

SHRIMP (IMPORTED) STEW;  HONEY SRIRACHA CHICKEN THIGHS; SALAD BAR; TUNA SALAD;
RICE; POTATO SALAD;  ZUCCHINI & TOMATO BAKE; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.