



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
NOVEMBER 2 - 6, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

SPAGHETTI & MEATSAUCE; PORK & VEGETABLE EGG ROLLS;

 CHICKEN AVOCADO TOSTADA; SALAD BAR;

FRIED GREEN BEANS; BUTTERED CORN;

 MEXICAN ZUCCHINI; GARLIC BREAD

TUESDAY:

BAKED CHICKEN; NATCHITOCHES MEAT PIES;

 EGG ROLL IN A BOWL; SALAD BAR; SWEET POTATO FRIES; BAKED POTATO CASSEROLE;

SLICED CARROTS;  OVEN ROASTED BROCCOLI; ROLL

WEDNESDAY:

TACO SOUP; FRIED CHICKEN SANDWICH;

 SWEET & SPICY GRILLED PORK CHOP; SALAD BAR; WEDGE FRIES;

CARROT SOUFFLE;  PARMESAN BRUSSELS SPROUTS; CORNBREAD

THURSDAY:

SMOTHERED BEEF TIPS & GRAVY; PERSONAL PIZZA;

 GREEK CHICKEN TACOS; SALAD BAR; FRIED MUSHROOMS; RICE;

CHEESY VEGGIE BLEND;  TACO TOPPING; ROLL

FRIDAY:

GRILLED CHEESE ON TEXAS TOAST; TOMATO BISQUE;  WHITE CHICKEN CHILI;

SALAD BAR; CRINKLE CUT FRIES;  STEAMED CAULIFLOWER; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.