West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
NOVEMBER 16 – 20, 2026

CAFÉ HOURS

BREAKFAST	**Monday - Friday**	**6:30 AM - 9:30 AM**	**Saturday/Sunday**	**7 AM - 9:30 AM**
LUNCH	**Monday - Friday**	**11 AM - 1:30 PM**	**Saturday/Sunday**	**11 AM - 1 PM**

MENU SUBJECT TO CHANGE

MONDAY:

MEATLOAF & BROWN GRAVY; HOT HAM & CHEESE CROISSANT;
W VEGGIE CHICKEN BAKE; SALAD BAR;
FLAT CHIPS; MASHED POTATOES; BUTTERED CORN;
W ROASTED GREEN BEANS; ROLL

TUESDAY:

ITALIAN CHICKEN WITH FRESH TOMATOES & MUSHROOMS; PULLED PORK SANDWICH;
W SHRIMP (IMPORTED) & GRITS; SALAD BAR; FRENCH FRIES;
BABY BAKERS; SQUASH CASSEROLE;
W PARMESAN BRUSSELS SPROUTS; GARLIC BREAD

WEDNESDAY:

BBQ CHICKEN; BROCCOLI & CHEESE SOUP;
W PHILLY CHEESESTEAK CASSEROLE; SALAD BAR; FRENCH FRIES;
BAKED POTATO CASSEROLE; BAKED BEANS; W ROASTED CARROTS; GARLIC BREAD

THURSDAY:

JOHN WAYNE CASSEROLE; LOADED POTATO SOUP;
W ASIAN PORK TENDERLOIN; SALAD BAR; FRIED OKRA; ROASTED RED POTATOES;
CARROT SOUFFLE; W ZESTY BROCCOLI; ROLL

FRIDAY:

LA CRAWFISH ETOUFFEE; W GREEK FETA TURKEY BURGER; SALAD BAR; FRIES; RICE;
W ROASTED ZUCCHINI; ROLL

Work Well to Live Well

LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.