



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
OCTOBER 12 - 16, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

CHICKEN SPAGHETTI; CORN DOGS;

 MEDITERRANEAN PORK TENDERLOIN; SALAD BAR; FRIES; SWEET POTATO CASSEROLE;
BUTTERED CORN;  LIGHTLY STEAMED ZUCCHINI; GARLIC BREAD

TUESDAY:

HOMEMADE BEEF & VEGETABLE SOUP; FRIED CHICKEN SANDWICH;

 SHRIMP (IMPORTED) STUFFED PORTOBELLO; SALAD BAR; ONION RINGS;
BABY BAKERS; CARROT SOUFFLE;

 PARMESAN BRUSSELS SPROUTS; CORNBREAD

WEDNESDAY:

BAKED CHICKEN; CRAB CAKE;

 WORK WELL BEEF TIPS; SALAD BAR; POTATO WEDGE FRIES; RICE;
MACARONI & CHEESE; GREEN BEAN CASSEROLE;  STEAMED CAULIFLOWER; ROLL

THURSDAY:

GRILLED HAMBURGER STEAK WITH ONIONS & GRAVY; CHICKEN & DUMPLING SOUP;

 FIRECRACKER SHRIMP (IMPORTED) & BROCCOLI; SALAD BAR; FRIED MUSHROOMS;
BAKED POTATO CASSEROLE; CORN CASSEROLE;  STEAMED CARROTS; ROLL

FRIDAY:

FRIED PORK CHOPS;  FISH FLORENTINE; SALAD BAR;

FRIED OKRA; RICE; SEASONED BLACKEYED PEAS;  GREEN BEANS & MUSHROOMS; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.