



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
JANUARY 12 - 16, 2026

CAFÉ HOURS

BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE

MONDAY:

ITALIAN CHICKEN WITH FRESH TOMATOES & MUSHROOMS; FRIED CATFISH;
 BELL PEPPER NACHOS; SALAD BAR; BABY BAKERS; HUSHPUPPIES;
ROASTED SEASONED ASPARAGUS;  CAULIFLOWER NACHOS; GARLIC BREAD

TUESDAY:

CHICKEN SPAGHETTI; BBQ BEEF BURGER;
 ASIAN PORK TENDERLOIN; SALAD BAR; SWEET POTATO CASSEROLE;
FLAT CHIPS; BUTTERED CORN;  OVEN ROASTED GREEN BEANS; GARLIC BREAD

WEDNESDAY:

BEEF ENCHILADAS; TORTILLA CRUSTED TILAPIA;
 SKINNY SALISBURY STEAK; SALAD BAR; BAKED POTATO CASSEROLE;
FRIED CHEESESTICKS; SEASONED SPINACH;  GARLIC ROASTED CAULIFLOWER; ROLL

THURSDAY:

BROASTED CHICKEN; PHILLY CHEESESTEAK EGG ROLLS;  PORK CARNITAS;
SALAD BAR; MACARONI & CHEESE; FRIES; SEASONED GREEN BEANS;
 TACO TOPPING; ROLL

FRIDAY:

CHICKEN & SAUSAGE GUMBO;  SHRIMP (IMPORTED) STUFFED PORTOBELLO;
SALAD BAR; TUNA SALAD; POTATO SALAD; RICE; BROCCOLI BITES;
 PARMESAN BRUSSELS SPROUTS; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.