



West Calcasieu Cameron Hospital  
Your Need, Our Commitment.

**CAFÉ MENU**  
**JULY 26 - 30, 2021**

**MONDAY:**

LASAGNA; CORN DOGS; BANG BANG CHICKEN; CHEF SALAD; ONION RINGS; BABY BAKERS;  
SLICED CARROTS; CAULIFLOWER RICE; GARLIC BREAD

**TUESDAY:**

BROASTED CHICKEN; BBQ BEEF BURGER; PORK CARNITAS; CHEF SALAD; FRIED OKRA;  
MACARONI & CHEESE; GREEN BEAN CASEROLE; TACO TOPPING; HONEY YEAST ROLL

**WEDNESDAY:**

ENCHILADA CASSEROLE; BOUDIN LINK; CILANTRO LIME GARLIC SALMON; CHEF SALAD;  
POTATO WEDGE FRIES; BUTTERED CORN; SEASONED BROCCOLI; PORTOBELLO PIZZA; ROLL

**THURSDAY:**

FRIED SHRIMP POBOY; CORN CHOWDER; CHICKEN TOSTADA WITH PICO DE GALLO; CHEF  
SALAD; FRENCH FRIES; HOLLY BEACH POTATOES; SEASONED GREEN BEANS; ZUCCHINI &  
TOMATO BAKE; ROLL

**FRIDAY:**

CHICKEN TENDERS & WHITE GRAVY; CABBAGE “NOODLE” TUNA CASSEROLE; CHEF SALAD;  
TUNA SALAD; MASHED POTATOES; WHOLE ROASTED GREEN BEANS; ROLL

**MENU SUBJECT TO CHANGE**



Work Well to Live Well

**LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.**